

Traditional Chinese Medicine

The use of Acupuncture and Chinese herbs began before recorded history, over 5000 years ago, and has treated every health problem known to man with a high rate of success and no adverse side effects.

A major principal in Chinese Medicine is that anything that is good for you can also be bad for you. A perfect illustration of this is the old Chinese saying, "Water can float the boat; water can also sink the boat." Too much water, food, exercise, etc. will create imbalances in the human body and lead to illness and disease; too little of these 'good' things will also cause imbalances leading to health problems. The Chinese Medicine concept is to strive at all times to keep one's body (and life) in *Balance*. In our modern world this can often be very difficult. Our fast pace and other factors have caused us to lose connection with our common sense and rely on outside information too much, so we no longer listen to our body. When the body is in a state of imbalance for too long, it is unable to 'self-correct' without outside assistance. And many people are still suffering after trying all kinds of traditional treatments and don't really know where to turn.

The goal at this clinic is to assist every patient possible in regaining good health, and educating them on how to stay healthy and have a good quality life. Once a patient understands how the body works, and what creates imbalances and illness, they are equipped to maintain a much higher level of health than ever before. Our Physician's and friendly staff are ready to assist you on the road to true health.

Ni's Chinese Medical Center...

was established by Bo-Shih Ni and has been serving the central Florida area for over 25 years. The physician's of Ni's Chinese Medical Center practice at superior levels due to Dr. Ni's training of ancient healing wisdom, something not found in American schools. Dr. Ni's knowledge is so extensive that he is a treasured professor not only in the U.S. but also in China and Taiwan.

Acupuncture, Chinese herbs, and Food as Medicine are utilized to expedite healing and provide lasting results. The goal is to restore balance to the internal system. Once balance has been obtained, our Physicians teach their patients winning strategies to maintain it. This knowledge is frequently sought out by local groups, therefore; our Physicians conduct monthly seminars and are available for speaking engagements. Visit our website, www.drboni.com, for current events.



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Disease and Cancer

*TCM
Treating The Source*



Ni's Chinese Medical Center

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In Today's world of modern medicine, a disease is given a name and cancer is diagnosed after blood, urine and/or tissue biopsy has been taken and a report is formulated and given to the Doctor. Once the Doctor has given a name to the cancer or disease, the search for a way to treat and/or kill the virus begins.

Disease and cancer is the result of an imbalance in our "internal environment". This can be due to a deficiency, accumulation or blockage. Deficiency is something that there is not enough of and accumulation is something we have too much of, such as water, stool, blood, urine, or food. Symptoms are the body's way of telling us that our internal environment is out of balance. When we ignore these warning signals we will begin to experience more and new symptoms. After a period of time these symptoms, left unchecked, will produce growth. Cancer research centers use drugs to kill cells, good and bad, without trying to kill the patient.



Their focus is to kill the cells, however, the environment is still off balance and the cancer or disease will return. So putting chemicals into our body may kill the cancer growth or taking chemically altered drugs will mask the disease, but it is not going to correct the cause or source of what's

producing the virus. We have to clean up the internal environment and then the disease and cancer virus will go away and not return, as long as our body is kept in balance.

Traditional Chinese Medicine (TCM) doesn't look at the disease or cancer virus to find a correction; it's the source or cause of the virus that is the main focus. The virus is the "branch" not the "root" of the illness. Since we do not put or implant the disease or cancer into our bodies, Chinese Medicine understands that our internal environment creates the virus when it is out of balance. We can liken our environment to an empty bucket. An empty bucket will not accumulate anything; however, if we fill the bucket with water and leave it sit for a period of time the water becomes stagnate and begins to produce bacteria and potential parasites. We did not put the bacteria and parasites in the bucket, therefore, the change in the environment caused these things to grow. The longer it sits the more it will produce. We can put chemicals in the water to kill anything growing, but would that stop new growth from accumulating? No, it's only a temporary fix. The environment inside the bucket needs to be corrected. Empty the water and all things growing will disappear and will not come back unless we change the environment again.

Each patient may have a different imbalance causing what outwardly looks like the same type of cancer. Each person is unique, so the TCM Doctor identifies each individual's exact cause that led to the disease. The TCM Doctor treats the imbalance rather than a condition known as "liver cancer," or "Diabetes," or so on. The prescribed treatment will vary from one patient to the next, depending on the specific imbalances.

Early Detection

The key is to recognize the onset of symptoms and get them taken care of before they develop into a disease or cancer. Do not ignore the smallest or minor symptoms. Every symptom is just as important as another.

Education

Traditional Chinese Medicine (TCM) has been used for thousands of years to correct health problems and bring



balance to our internal environment. Since it has not been used in the United States for thousands of years, many are uneducated about this form of medicine and are afraid to try something that is different. So we highly encourage you to come to our free health workshops to learn about TCM and have your health questions answered. Visit our website www.drboni.com or call our office to make a reservation for our next health workshop.