

Dr. Bo-Shih
Ni's Chinese
herbs meet
stringent
international
Good Manu-
facturing
Practice



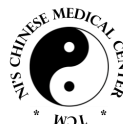
(GMP) standards as set by the U.S. government. This is the benchmark for quality consistency, reliability and safety requirements. Every herb shipment is checked by U.S. Customs. They also have successfully passed random and rigorous battery of tests by the FDA. Herbs heal safely.



"The person who says it
cannot be done should
not interrupt the person
who is doing it."
~Chinese Proverb

Ni's Chinese Medical Center was established by Bo-Shih Ni and has been serving Florida for over 25 years. The physician's of Ni's Chinese Medical Center practice at superior levels due to Dr. Ni's training of ancient healing wisdom, something not found in American schools. Dr. Ni's knowledge is so extensive that he is a treasured professor not only in the U.S. but also in China and Taiwan.

Acupuncture, Chinese herbs, and Food as Medicine are utilized to expedite healing and provide lasting results. The goal is to restore balance to the internal system. Once balance has been obtained, our physicians teach their patients winning strategies to maintain it. This knowledge is frequently sought out by local groups, therefore; our physicians conduct monthly seminars and are available for speaking engagements. Visit our website, www.drboni.com, for current events.



Ni's Chinese Medical Center

1250 W. Eau Gallie Blvd., Suite L
Melbourne, FL 32935
Phone: 321-757-9731

www.drboni.com

CHINESE HERBS

How do they work?



Ni's Chinese Medical Center

Board Licensed Acupuncturists

Melbourne (321) 757-9731

www.drboni.com



*Chinese herbs
work safely and
effectively.*

Traditional
Chinese Medi-

cine (TCM) offers unmatched healing opportunity for modern ailments. Chinese Herbalogy is a powerful branch of this healing system. Understanding how herbs work serves to strengthen confidence in this impressive medicine.

Ancient healing wisdom, passed from countless generations, continues to promote wellness throughout the world. Chinese Herbal Medicine is perhaps the oldest pharmacy with traditions dating back 5,000 years. One of the most widely popular formulas used today was developed by Qian Yi over 1,000 years ago, in pill form. No other herbal healing system is as sophisticated or well documented as Chinese herbal medicine. No wonder pharmaceutical companies study it.



According to TCM, illness occurs when qi (energy) becomes blocked. This results in malnourished organs; the state of imbalance experienced as disease. Chinese herbs feed a nutritionally deficient body so it can heal itself. Take for example a neglected house-plant. It is unwise to pour excess water or plant food on it all at once. When carefully fed the right amount of water and plant food, it heals itself. Same with medicinal herbs, they restore the body so symptoms begin to disappear naturally. This is the sign the body's system is being corrected.

As the great Sung-dynasty master Wang Che wrote, 'Medicinal herbs contain the finest energies of mountains and rivers and the purest essences of plants and trees.' Basic chemistry teaches that humans come from elements derived from the same organic molecules as nature.

Herbs thus carry the finest life force energies nature provides into our bodies to nourish a depleted system. This is precisely how Chinese herbs work! Antioxidants galore. True healing always comes from within. When medicine comes from nature, our bodies get it, and without harmful side effects.



Herbs do not provide the quick fix as Western meds seemingly do. However; they treat the root cause of the illness without permanently harming the liver, kidneys, or other organs. Healing time is totally dependent upon the length of disease and overall health status of one's body. Chinese herbs can also be integrated with Western medicine or used exclusively to treat countless ailments as well as cultivate longevity. TCM works optimally with the 3 healing branches, thus, incorporating acupuncture and food as medicine to expedite the healing process.

Chinese remedies utilize "whole" food herbs. They are neither vitamins nor supplements. Herbs are concentrated foods used as medicine for healing & longevity. Both preventative and restorative, herbs can be incorporated into anyone's lifestyle. Herbs come in different forms: tea pills (shaped like BB's), power, capsules, and broth. The broth is made from boiling the raw, root form of the herbs and drinking in liquid form and is most potent. The broth is recommended for those with the most chronic, severe, and multiple conditions. The ancient Chinese say, "Tea is liquid wisdom", and for good reason.

